

2026 CMYFCC 8U TACKLE RULES

The 8U level is a competitive tackle football division and will follow all standard AYF & CMYFCC tackle football rules with the following exceptions

- The ball is placed on the 35-yard-line to start each half and after a change of possession following a score. The ball is spotted on the 40-yard-line in the event of a defensive safety.
- At the 8U level, teams are allowed follow the CMYFCC modified kickoff rule pertaining to onside kicks **ONLY** (see CMYFCC kickoff rule for onside kick rules).
- The 8U level will have a modified punt rule:
 - Negative Territory (Goal Line to the -49 yard line) – teams have the option to “punt” on 4th down. The “punt” will be a 25 yard walk off.
 - Positive Territory (50 yard line to Goal Line) – teams are **not** allowed to “punt” and must go for it on 4th down.
- Each team is allowed **ONE** coach on the field for both offense and defense. The coach must be a minimum of 5 yards behind their furthest player from the line of scrimmage at all times. Once the Quarterback is under center/in shotgun, all coaches on the field must cease any verbal communication which includes directions, audibles, cheering, etc. The first offense will result in a warning. The second offense will result in that specific coach being sent to the sideline to coach for the remainder of the game. That team is allowed to put a new coach on the field. **There will be NO coaches allowed on the field once playoffs start.**

If additional rules are obtained from National/Regional AYF, these rules are subject to change and all presidents will be notified

